



# *Elixir Olive Spa*

## *Body & Soul Elixirs*

Specially designed extended programs for a truly extraordinary experience and pampering in exclusive settings. They offer both ancient and modern techniques to relieve body and soul.

### **ANCIENT SPIRIT ELIXIR 80' /100€**

Detox Treatment which enhances metabolism. A light body scrub exfoliates and prepares the skin for the Special Lymphatic massage that follows and tones the blood circulation. Applying a mineral mask with dolomite argil rich in elements and vitamins which will detoxify and tone the skin.

### **ELIXIR MARINE RITUAL 80' /110€**

A journey to the sea: a three-salt exfoliation, made of selected salt for their richness in minerals and trace elements release epidermis from dead cells. Followed by a remineralising seaweed wrap and a re-generating massage using beeswax and essential oils. The laminaria body wrap regulates the metabolism, re-mineralizes, moisturizes and protects the skin.

## *Massages & Therapies*

### **ELIXIR AROMA MASSAGE 60' /80€**

Light body exfoliation performed with pure essential oil used as a natural exfoliating scrub. The total body massage that follows concentrates on soothing away tiredness, stress and alleviating tension, inducing relaxation to the body and mind.

### **AROMA MASSAGE 30' /50€ & 50' /70€**

A lavish body treatment concentrating on the back, neck and shoulders using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well being.



### **OLIVE MASSAGE 60' /85€**

Inspired by the grooming rituals of the Classical-era beauties. This treatment consists of a total body aromatherapy, head and face massage, reflexology on feet/hands/ears, and Shiatsu.

### **DEEP TISSUE MASSAGE 30' /70€ & 60' /120€**

Relieves stress that causes muscle tension. This amazing therapy rejuvenates the body by using deep pressure massage - no wonder it's the favourite massage in the best spas worldwide! Deep muscle groups are massaged using fingers, fists, forearms or elbows. The result is complete rejuvenation, toning and relaxation that relieve pain, reduce stress and fight inflammation by improving posture and sleep quality.

### **LYMPHATIC MASSAGE 30' / 50€ & 60' /85€**

This face and body treatment activates the lymph glands to flush out liquids, thus making the muscle tissue firmer. Ideal for combating cellulite and stimulating your body systems.

### **CANDLE MASSAGE 60' /85€**

Relax your soul and body in a warm place, gently lit by the flame of the candle. The soothing scent of creamy wax will lead you to a sensory journey. Its oils awaken your senses and deeply nourish your skin, enhancing the massage experience. Soft movements, light pressures, will enhance the elasticity and hydration of your skin.

### **KIDS' MASSAGE 20' /45€ & 40' /70€**

A unique treatment specially designed for children. Touch is a natural healing therapy. The Kids Massage is ideal for boys and girls aged 5 to 16 years. Natural hypoallergenic oil is applied with a gentle massage. The qualified therapists gently massage the muscles and joints (hands - back - legs - face - neck - scalp - hair). Regular treatments help to reduce tension and offer a sense of relaxation resulting in tranquil, restful and quality sleep. The massage helps in muscle and bone development and enhances movement and flexibility. Treatment for youngsters and teenagers provides a sense of relief and security, while regular use can help the child gain balance and maturity.

### **HEAD & FACE MASSAGE 20' /45€**

This relaxing massage performed on the pressure points of the neck, scalp, ears and face concentrates on soothing away tiredness, stress and tension. A wonderful treatment for headaches, stiff and tired muscles as well as obtaining harmony to your mind

OPENING HOURS: MONDAY-SATURDAY 13.00-21.00

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## *Special Therapies*

### **BACK RITUAL 60' /80€**

A cleansing and relaxing ritual combination of enveloping movements and the use of a self-heating mud to relax the deep muscles and relieve joint tension. The self-heating oligo-active mud detoxifies the body and creates a profound feeling of relaxation in areas of muscle tension. Its enveloping warmth and crackling foam gives the skin a real feeling of well-being.

### **ELIXIR OF VINEYARDS 80' /120€**

Enjoy an exfoliating blend of grape seeds with anti-aging and detoxifying effects and a deeply nourishing and relaxing massage to rejuvenate and strengthen the skin. While your body is wrapped in this invigorating cocoon, experience a comprehensive facial treatment with proven effectiveness for unparalleled radiance that leaves your skin smoother and firmer. The oxygenating and antioxidant properties of this treatment enhance the energy and defense of your skin

### **BODY SLIMMING AND FIRMING 60' /100€**

Complete body treatment to redraw the silhouette, reduce the appearance of cellulite, tone and give a feeling of lightness and well-being to the body. This body mask has a 'sauna' effect and acts effectively on fatty areas. The skin transforms from the first application onwards: the epidermis is firmer, smoother and softer. The movements encourage the mask to heat up, providing excellent stimulation of the metabolism. The cocktail of luminaria seaweed and the essential oils reduces the tensions and get for the body relaxation and well-being by the massage. The skin is soft, supple and more-tonic. Associated with the massage, this body oil reduces the cellulite.

### **AFTER-SUN TREATMENT 30' /60€**

This after-sun body treatment soothes and refreshes the skin after sun exposure! A specific body wrap with hibiscus flower extract repair the skin, and a complete body moisturizing soothes the sunburn. Intensely hydrated, the skin is soft and the body is perfectly relax.

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## *Face Treatment*

### **HYDRATENSE TREATMENT 60'/80€**

Enhanced deep hydration treatment with Hyaluronic acid, herbal extracts, ginger and chamomile. Hyaluronic acid activates the deeper layers of the epidermis for better bonding of collagen and elastin fibers. The skin is hydrated, improves its elasticity and gains a natural and healthy look.

### **OXYREVITAGE AGE TREATMENT 60'/100€**

Anti-wrinkle treatment for dry, tired and dehydrated skins. The proper combination of active retinol and vitamin C releases oxygen. The epidermis is rebuilt, bright, vigorous and protected from photo aging. An ideal treatment for the summer months.

### **DERMOSTAMINE TREATMENT 60'/110€**

A Face treatment for those worried about age signs. It fights surface and deep wrinkles, helps to regenerate and regenerate skin cells through plant liposomes.

### **PURE PERFECTION 60'/90€**

Treatment for oily and mixed skins. Antiseptic ingredients and lactic acid have the purpose of cleansing and nourishing the skin for spectacular glow.

### **MEN'S TREATMENT 60'/80€**

This comprehensive treatment is adapted specifically for men's skin and involves highly concentrated marine oligo-elements. It releases tension, removes traces of fatigue and strengthens the natural radiance of the skin. This cream mask combines white clay and seaweed to purify and absorb impurities while taking care of sensitive and delicate skins. The epidermis is rebalanced, and the complexion is radiant and glowing once again. Aimed at sensitive and fragile complexions, this mask soothes and rebalances the skin on the face. In order to quickly reduce any discomfort, this pleasantly cool mask contains seawater which prevents inflammation and soothes sensitive skin. Foam gives the skin a real feeling of well-being.

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## *Special Packages*

### **ESCAPE 3 HOURS 200€**

10´ Body Scrub  
20´ Body mask,  
50´ Aroma Massage  
50´ Facial Treatment

### **TOTAL RELAX 2 HOURS 160€**

10´ Body Scrub  
50´ Aroma Massage  
50´ Facial Treatment  
SALON TREATMENTS  
Manicure 30´/35€  
Long Lasting Manicure 40´/45€  
Pedicure 45´/50€  
Long Lasting Pedicure 50´/60€  
Color Change 15€  
Long Lasting Color Change 25€  
Long Lasting Remover 10€

### **WAXING TREATMENTS**

Upper lip 10´/20€  
Legs & Bikini & Underarms 60´/65€  
Legs & Bikini 45´/50€  
Lower Legs 20´/30€  
Underarms or Bikini,  
or Lower Arm 15´/25€  
Eye brow shaping 15´/10€  
Back 30´/35€  
Full Legs 40´/40€

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## **PREPARATION**

- Please arrive 15 minutes before your treatment. Before your treatment, you will be asked to complete a lifestyle questionnaire.
- Please remove all jewellery and clothing, leaving on your undergarments. For some treatments you will be provided with disposable undergarments by your therapist.
- The management will not be held responsible for the loss of any personal items.

## **TREATMENT**

- During treatments, please let your therapist know if you're comfortable or uncomfortable, too warm or too cold, or if the pressure is too light or too firm. Your comfort and care is our greatest concern and priority.
- If you have a particular injury or physical condition, please inform the therapist who can suggest appropriate adjustments to the treatment for your comfort and to enhance the treatment's effectiveness.
- If you have any questions, your therapist will gladly answer them.

## **CANCELLATION**

We request a minimum of 4 hours' cancellation notice for a single treatment or 24 hours' advance notice for rituals. If you fail to cancel or reschedule your appointment, you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment.

## **CHILD REGULATION**

For security reasons, the entrance to Elixir Olive Spa is forbidden to children under the age of 16. Children over the age of 16 can attend specific treatments listed above, which are exclusively performed with the consent and escort of a guardian.

## **KINDLY NOTE**

- Mobile phones are not permitted in Elixir Olive Spa. This is the time for your body and mind to release the worries and stress of the day.
- Smoking is not permitted in Elixir Olive Spa.

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